



## **False Wounds**

### **Dough**

Ingredients:

- 1 cup plain flour
- 1 cup water
- Quarter cup salt
- 1 tablespoon cooking oil
- 2 tablespoons cream of tartar

Mix all the above in a pan.

Add a few coffee granules (and a slight amount of red and yellow food colouring) to obtain desired skin tone required.

Heat gradually, stirring all the time, until it becomes a dough.

Allow to cool slightly before kneading it to desired consistency.

Store in airtight container.

### **Blood**

Ingredients:

- Half a tumbler of golden syrup
- Half a tumbler of custard powder mixed with water
- Red food colouring to obtain required colour

Mix in saucepan.

Heat – DO NOT BOIL.

Keep testing colour by putting a little on tip of finger. When it stops staining it is ready.

Bottle when cool.

### **Instructions**

**Prior to starting to apply false wounds and glue, ensure the 'casualty' does not have any allergies or intolerances to the materials being used.**

1. Take a small ball of the Wound Dough and roll it to warm it.
2. Mold the dough onto the casualty.
3. Use warm water to 'Seal the Edges' of the dough down.
4. Cut a piece of cling film until it has a 1cm border around the base of the dough.
5. Using UHU All Purpose Adhesive paint over the dough and the 1cm border.
6. Place the clingfilm over the dough and the border.



7. Using further glue on a paint brush, seal the edges of the cling film to the skin.
8. Using stage make up, tone the cling film to the same colour as the casualty's skin.
9. Carefully cut the cling film into the dough.
10. Open the 'Wound' with cocktail sticks.
11. Apply imitation blood.

